

# **Sai Spiritual Education**

**USA**

## **Web Platform Resources**

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## Om Sri Sairam

By Swami's grace we are gathering commonly used resources for the SSE program and making it available to everyone. Each year the SSE program in USA is conducted in various centers across the ten regions. SSE teachers and coordinators prepare material for use in the program including training, lessons, activities, and special events. Sharing of these resources will support the enrichment of others across the entire program.

Do let us know if you have any questions or materials to share with others by email [saispiritualeducation.us@gmail.com](mailto:saispiritualeducation.us@gmail.com)

This resource document will be continually updated so you can bookmark it to check for updates.

Sincerely  
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## National SSE Enrichment Program

Below are a few of the commonly used resources in planning and operating the SSE program each year:

- National SSE Enrichment Program [Presentation 1 of 5](#)
- National SSE [Website](#)
  - SSE [Registration Form](#)
  - SSE [Parents Pledge](#)
- SSE [National Calendar \(web\)](#), [National Calendar \(spreadsheet\)](#)
- [National SSE Student Videos Collection](#) : These are videos created by SSE students and teachers from across the USA.
- National SSE Enrichment Program Office Hours (Tuesdays at 6pm PDT)
  - GoTo meeting link - <https://global.gotomeeting.com/join/693122341>
  - Video archive of past sessions - <https://vimeo.com/channels/sseenrichment> (password sseenrichment)

## SSE Training

The teacher training workshops are conducted on an ongoing basis in each of the regions. The workshop is usually for two days at the end of which the students can receive a certificate allowing them to teach in the SSE program. In addition to the training we offer refresher workshops on an ongoing basis for specific skills such as lesson planning, storytelling, activity planning, life applications, etc.

We are now offering a training program online based on recorded sessions of the onsite training. You can order the teacher manual and follow along with the training online:

- [SSE teacher manual from the Sathya Sai Bookcenter of America](#)
- [SSE Teacher Training by Berniece Mead](#) (recorded in Glendale, CA)

## SSE Lesson Plans

We are grateful to contributors who have diligently worked to produce lesson plans modules which can be shared with teachers who would like to utilize it:

- [Sample SSE Lesson Plan](#)
- Lesson plans on [Celing on Desire for Groups II and III](#)
- Lesson plans on [4Fs, 5Ds, Koshas, Human Values](#)
- Lesson plans on [Multi-Faith \(Religions\)](#)

## SSE Activities

We are working on organizing materials that will be useful for creating activities related to lessons. We will add them to this list once they are available:

- [Sample SSE Activity Plan](#)
- [Unity, Purity, Divinity](#) : Collection of activities and games related to the theme of Unity, Purity, Divinity. These can be used during special events, classes, or workshops.

## SSE Videos

We have put together video content that has been useful in conducting the SSE program. These can be viewed online as follows:

- [Sai Spiritual Education Video Series](#) : A collection of videos created for use in the SSE program based on Swami's teachings and His own discourses.
- [SSE Overview by Berniece Mead](#) : Collection of short video messages given by Berniece Mead detailing Swami's guidance in regards to various aspects of the SSE program.
- [Sai Conference, Retreats & Training](#) : Highlights from various Sai retreats and conferences related to the SSE program.

## Sai Center Activities

These are resources related to activities the SSE students participate in the devotional activities of the Sai Center:

- [Bhajan Tutor](#) on Radio Sai
- [Bhajan Related Resources](#) from Bridgewater Sai Center
- Harmonium Lessons : [Online Class](#) on YouTube, [Notes](#) to go along with the class
- [Food Prayer](#) with explanation
- [Sri Sathya Sai Arathi](#) with explanation
- [Sai Ashtotharam](#) (108 Names) of Sathya Sai Baba
- [Sri Sathya Sai Suprabatham](#) with meaning

## Sai Events, Retreats & SSE Camps

Each year the ten regions organize one or more Sai conferences in the city or away from the city as a retreat. Some retreats have a special program for the SSE students. Some regions also organize SSE Camps either in parallel with the retreats or at a separate time (e.g., Easwaramma Day). The following resources will be useful to retreat and camp coordinators as well as teachers:

- [SSE Camp at Region 10](#) (Sept 2012)
- [SSE Camp at Region 7](#) (Sept 2013)
- [Ramanavami](#) - Special Program Template

## Values Based Content

The following are links to value based content for use as reference material in developing lesson plans:

- Value based [books](#)
- Value based [movies & videos](#)
- Value based [songs](#)
- Value based [stories](#)

## Useful Websites

Resource	Description	Link	Type
EHV Songs	EHV songs on Sri Sathya Sai Books and Publications Trust Website	<a href="#">EHV Songs</a>	Audio
Go Green Lessons	Lesson plans on environmental protection	<a href="#">Go Green Lessons</a>	Lessons
Radio Sai Video Archives	Short video clips from the archives of Radio Sai	<a href="#">Video Archive</a>	Video
SSEHV Lesson Plan Template	SSEHV resources from the UK	<a href="#">SSEHV Lesson Plan</a>	Lessons
SSS Search Engine	Text search of Swami's discourses in Sathya Sai Speaks	<a href="#">Search Engine</a>	Web