

SSE Teacher Training Workshop

by Berniece Mead

Sai Spiritual Education, USA

www.saispiritualeducation.us



Divine Message

Dear Teachers:

Teaching is the noblest of professions. It is also the holiest spiritual discipline (sadhana) for self-realization, for it involves the cultivation of selfless love and the showering and sharing of that love. Teachers mold the rising generation into self-confident, self-reliant, Atma-conscious persons. They are the architects of happy homes, prosperous communities, and peaceful nations. Teachers must equip themselves not only with knowledge and skills to inform and instruct but also with the vision and insight to inspire and transform.

Children absorb from teachers and elders their habits, manners, behavior, and beliefs. Therefore, teachers have to be constant examples of the ideals they want to implant in the hearts of their students. They must excel in humility, simplicity, morality, and integrity, so that education results in excellence.

Such teachers can be beacons of truth, love, and reverence. The children who grow under their wise care will shine as lamps of love in their homes, radiating courage, joy, and hope. Let the beacons never fade. Let the lamps be ever bright.

Good teachers + good students = good nation.

-- Sri Sathya Sai Baba (Ref: USA SSE Teacher Training Manual)

About Bernice Mead

Ms Berniece Mead was personally appointed by Swami to the position of the National SSE Coordinator with guidance and instructions on how to go about the task of building a Sai Spiritual Education program in the USA. Over the last two decades she has been leading the charge in developing the program's foundations, curriculum, teacher training material, as well as building the program across the 10 regions in the US. During this time she has travelled extensively to various Sai centers, regional retreats, and conferences to give inspirational talks and conducting workshops/training programs for teachers and parents alike.

Berniece is a retired school teacher with over 30 years of experience working in secular education and has tremendous experience in bringing together spiritual values and traditional education techniques to inspire and uplift the children's spirit so they may lead a good life achieving greatness in every way.

Berniece' is known for her extraordinarily positive approach combining rich content with an interactive and personable style that ensures the trainees not only learn the material but aspire to become excellent teachers leading an ideal life themselves. The training material presented in this document was recorded at Glendale, CA during a full-day training program for SSE teachers.

SSE Teacher Training Workshop

With sincere prayers to Swami we offer this workshop contents at His Divine Lotus Feet and pray that it may benefit the teachers, parents, and all others who are associated with the Sai Spiritual Education (SSE) program.

Audience

The workshop attendees are interested in becoming SSE teachers or getting educated about the SSE program. Completing at least one teacher training workshop and getting a certificate is a required step to become an SSE teacher in the program. Additionally, we have current teachers who need a refresher, parents, and other Sai center members who are interested in the curriculum also join the program.

Duration

The onsite workshop is held over an entire weekend (two days). This allows for the students to learn the material on the first day and practice creating and presenting lessons on the second day. Onsite workshops are held from 9am - 5pm each day with breaks in between. Usually the second day is shorter to allow people to return back to their homes as they may be travelling some distances to get to the workshop location.

Online Expectations

The particular workshop which we have recorded and presented online was a condensed version in which the students got a quick overview in the morning and worked on their lessons in the afternoon. Students who view this material should supplement their learning by going through the SSE Teacher Training Manual which can be purchased from the [Sri Sathya Sai Book Center of America](#).

Online Workshop

We are making this material available so that coordinators, future and present teachers, parents, and others who are interested can view it at their own pace. Kindly follow the instructions to complete each section of the training. We have provided a way for the trainee to submit a lesson plan online and get feedback. Depending on the need we can also have online practice sessions for presenting a lesson plan and teaching a class. In this way a trainee can learn the material, practice a lesson, and receive feedback.

Certificate of Completion

At this time we do not provide a certificate of completion online. Kindly work with your center and [Regional SSE coordinators](#) to formally complete your teacher training and receive a certificate of completion before you start teaching in the SSE program.

How To Use the Online Material

This document will be entry point for the teacher training material and will be updated on a regular basis with additional content. Kindly do the following in order to benefit from the available material:

1. The video material is available on Vimeo and the links to all the sections are provided in this document.
2. The video content may require a password which will be indicated with the content. If you are asked for the password on Vimeo please enter the one provided.
3. Each section is notated with the length (time) of the video. Please make sure you have sufficient time to view the section so that you have the best learning experience.
4. Make sure to order the SSE Teacher Training manual as it may take some time to arrive. Although it is good to have the manual with you before you start the training, it is possible to go through the overview material while it is still in the process of reaching you. However, you will need the manual in order to learn how to create and present a lesson plan.
5. Please follow the instructions to submit the lesson plan you have created so that you can get feedback from expert teachers.
6. You can reach us via email at saispiritualeducation.us@gmail.com if you have any questions.
7. Make sure you register with us as shown in the first step of the program so that you can be notified about new material, and live sessions onsite or online.

SSE Teacher Training Workshop - Step by Step

Recorded at Glendale, CA (Nov 2011)

Please register for the online teacher training program so we can remain in touch and keep you updated about refresher material as well as any opportunities for onsite workshops:

[Register for the Online Training](#)

After watching the videos and going through the manual you should be able to put together a sample lesson for your class. Please create such a lesson for Group I, II, III, or IV and then use the following link to submit your lesson online in order to receive feedback from expert teachers.

[Submit your lesson plan online](#)

We will keep you updated on opportunities to observe online SSE classes and present your lesson(s) online with an expert teacher for your feedback and benefit.

For all videos please use the password **sseusa108**

#	Content	Time	Comments
1.	Register for the Online Training		Please complete the registration before you begin.
2.	Opening Song : I am God	02:02	Opening song by Berniece
3.	Overview: Introduction to SSE	21:59	Overview of the SSE program
4.	SSE Teacher Training Manual	08:56	Brief description of the Teacher training manual
5.	Swami's Ten Guiding Principles	08:42	About Swami's Ten Guiding Principles
6.	About the USA SSE Program	09:20	Details of the SSE program in the US
7.	About Creating a Lesson Plan	15:16	"How to guide" for creating a lesson plan
8.	About Lesson Planning Exercise	03:26	Lesson planning exercise for the students
9.	Lesson Planning Group Activity	00:52	Breakout into groups to create a lesson plan per the exercise
10.	Group Presentation: Lesson on Truth	09:46	Presentation by the first group - Lesson on Truth
11.	Group Presentation: Lesson on Right Conduct	10:27	Presentation by the second group - Lesson on Right Conduct
12.	Group Presentation: Lesson on Love	12:31	Presentation by the third group - Lesson on Love
13.	Lesson Planning Conclusion	15:03	Berniece concludes the workshop
14.	Q&A with Berniece Part 1 of 2	09:07	Q&A with Berniece part 1
15.	Q&A with Berniece Part 2 of 2	19:20	Q&A with Berniece part 2
16.	Closing song: You are the Lord	02:37	Closing song by Berniece
	Total Time	2:29:24	