

A person with long blonde hair, wearing a brown hat and a dark jacket, is sitting on a rocky cliff edge, looking out over a vast, hazy landscape of rolling hills and dense forests. The scene is bathed in the warm, golden light of a sunset or sunrise. The sky is filled with soft, wispy clouds. In the foreground, there are some green pine branches. The overall mood is peaceful and contemplative.

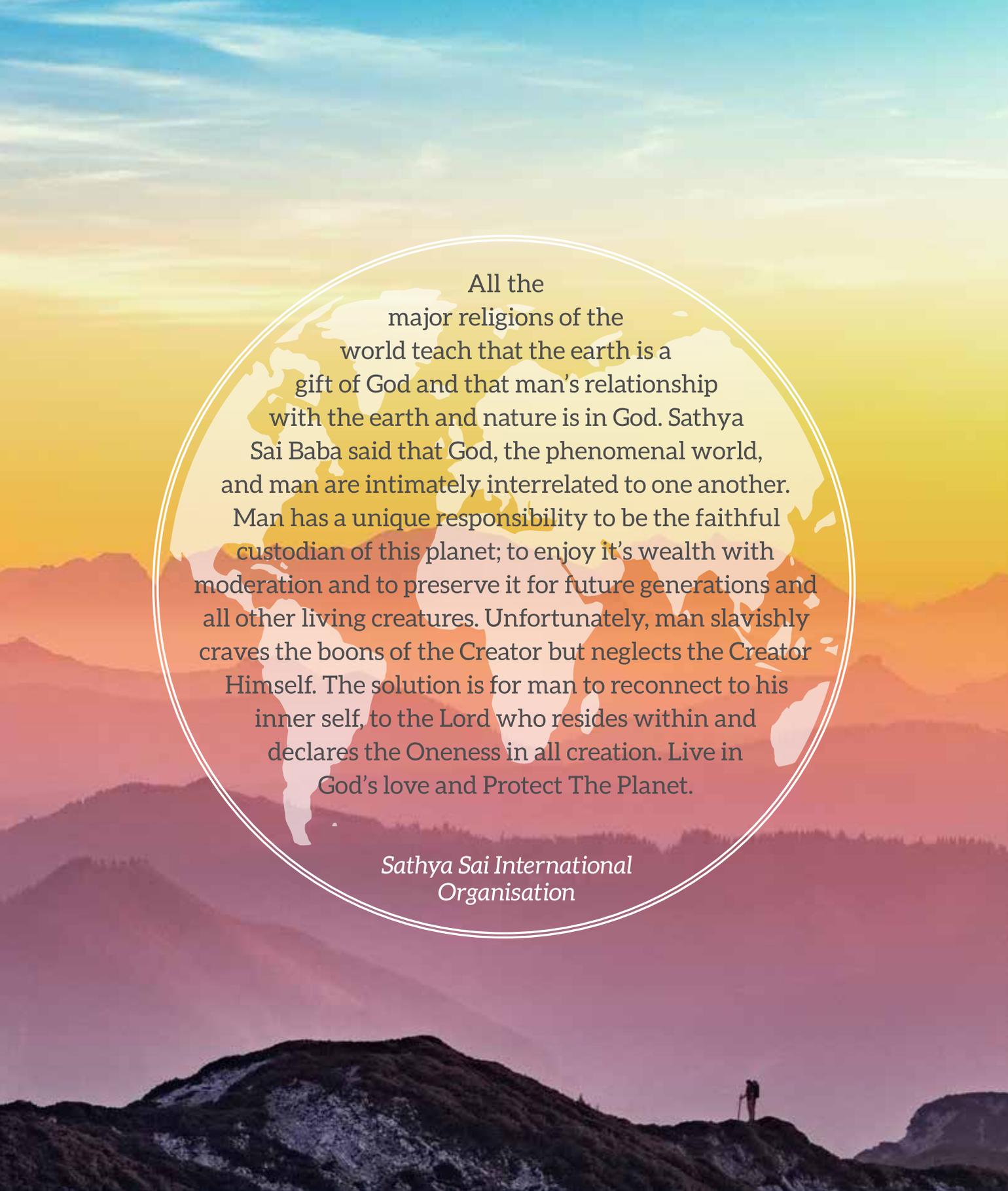
Protect the Planet

.....
A Story of Life Itself

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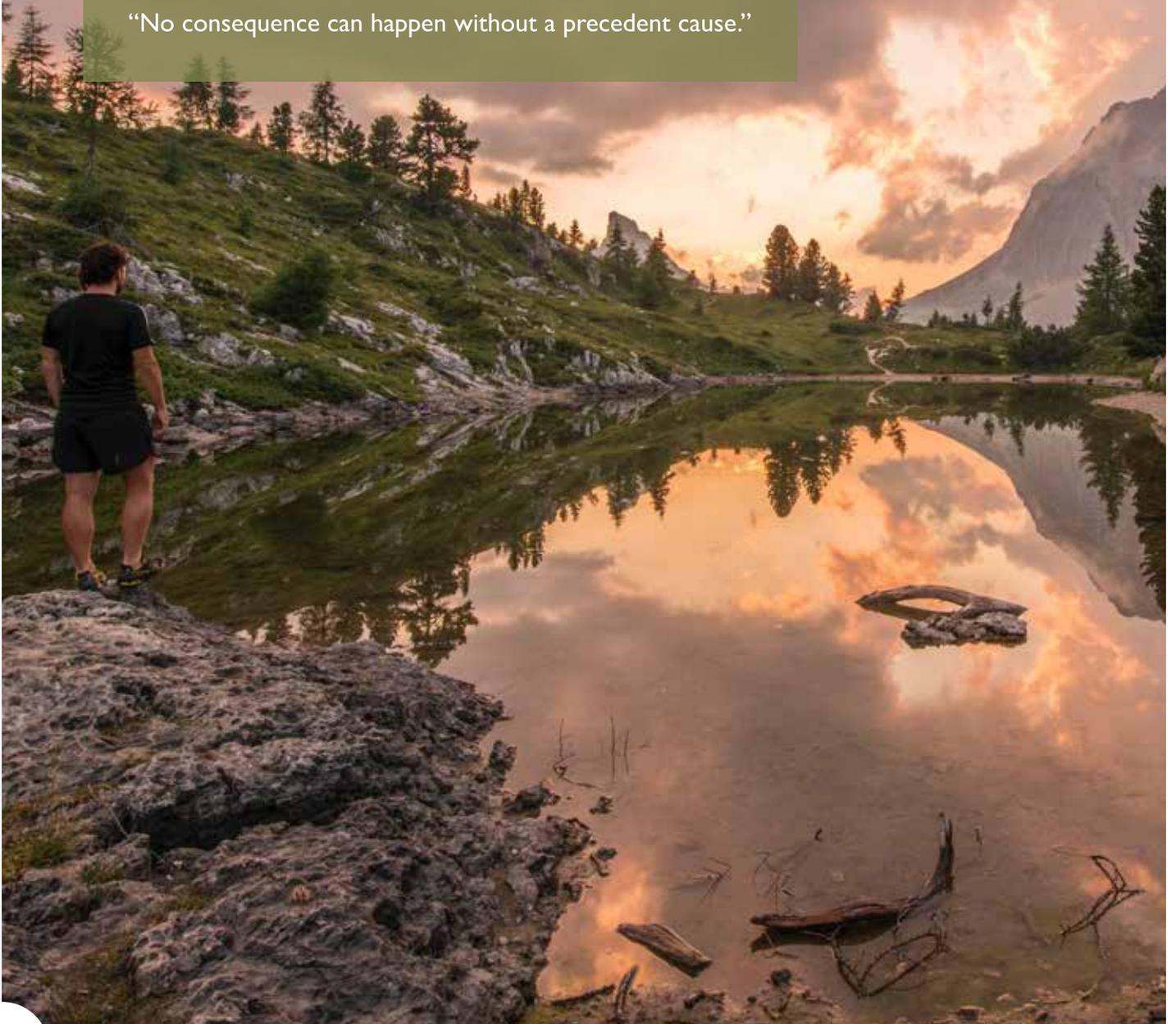


All the major religions of the world teach that the earth is a gift of God and that man's relationship with the earth and nature is in God. Sathya Sai Baba said that God, the phenomenal world, and man are intimately interrelated to one another. Man has a unique responsibility to be the faithful custodian of this planet; to enjoy it's wealth with moderation and to preserve it for future generations and all other living creatures. Unfortunately, man slavishly craves the boons of the Creator but neglects the Creator Himself. The solution is for man to reconnect to his inner self, to the Lord who resides within and declares the Oneness in all creation. Live in God's love and Protect The Planet.

*Sathya Sai International
Organisation*

Creation is made up of combinations of the **5 elements of Space, Air, Fire, Water and Earth**. It exists by the transformation of energy into matter and matter back into energy.

“No consequence can happen without a precedent cause.”



But there is more to
the story of creation:

**That which appears as
everything is really nothing,
and that which appears
as nothing is actually
everything.**

Confused? Don't be. You
don't recognise this because
you only see **through your
mind and eyes.**

I know what some of you are
thinking: "This is fantasy." But,
hold on. Have patience even
if you don't understand. Allow
me to rouse your curiosity.

"Knowledge is acquired by
uninterrupted inquiry."

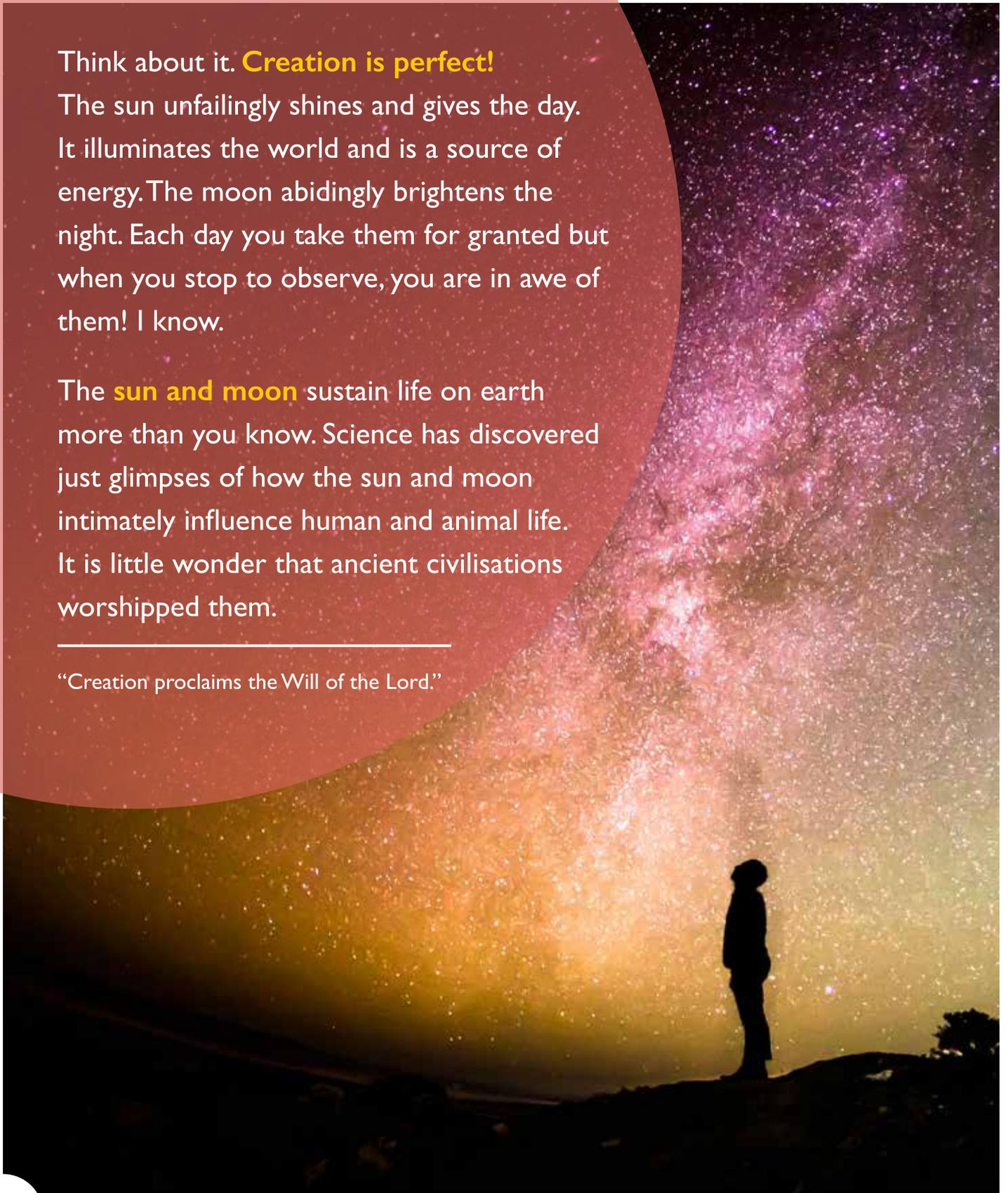


Think about it. **Creation is perfect!**

The sun unfailingly shines and gives the day. It illuminates the world and is a source of energy. The moon abidingly brightens the night. Each day you take them for granted but when you stop to observe, you are in awe of them! I know.

The **sun and moon** sustain life on earth more than you know. Science has discovered just glimpses of how the sun and moon intimately influence human and animal life. It is little wonder that ancient civilisations worshipped them.

“Creation proclaims the Will of the Lord.”



The mountains, rainforests, rivers and earth are stunningly beautiful; I've witnessed them take your breath away.

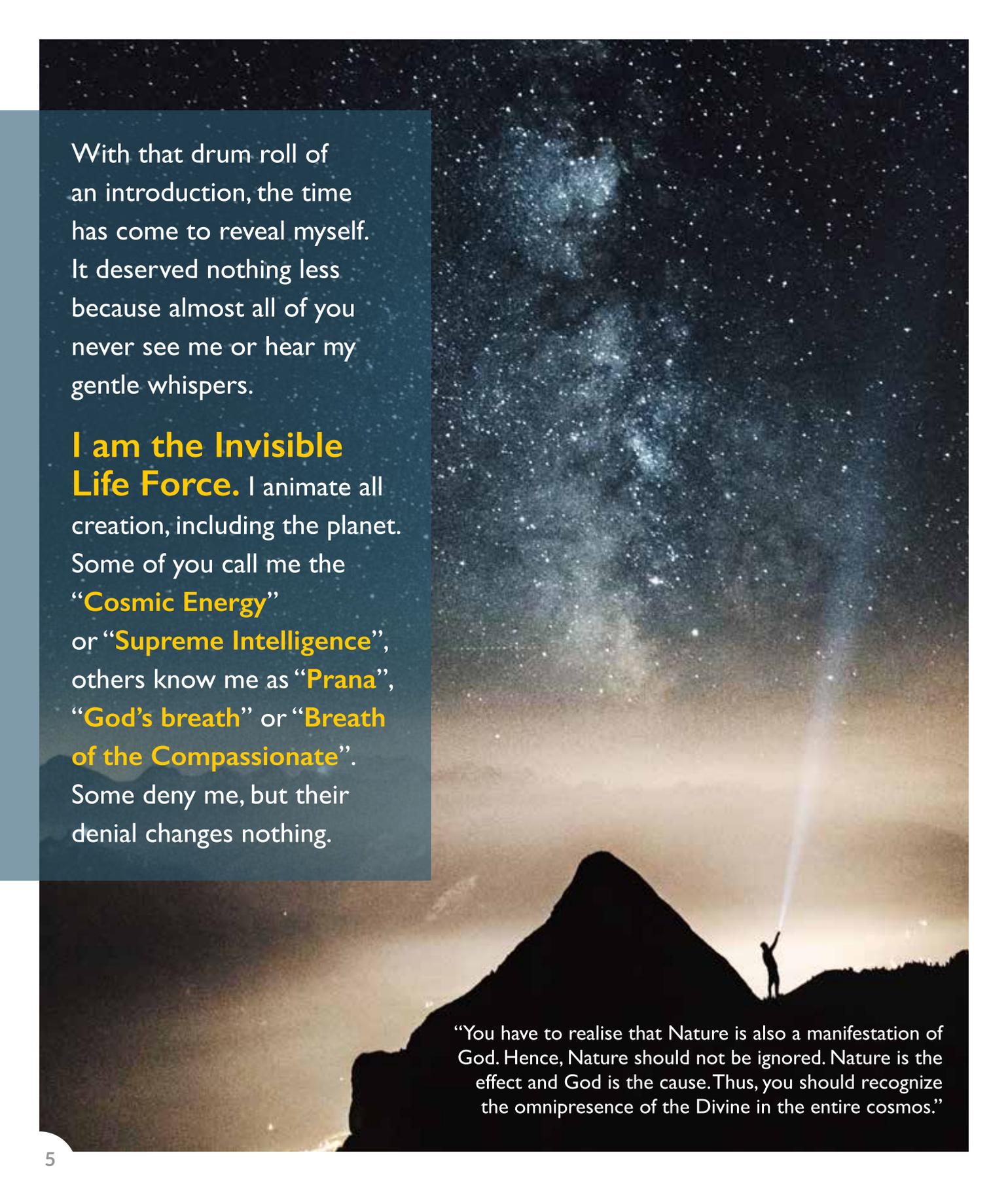
They are an intricate part of the balance in the earth's eco-system. **They exist to serve:** they recycle the air you breathe and they provide food, water and shelter for humans and animals alike.

Under the ground there are hidden treasures, like coal, petroleum and iron. **Really, there is abundance on earth for everyone's need.**

The planet, my dear, is the perfect home!

“The material creation pulsates with Consciousness.”



A night sky with the Milky Way galaxy and a person silhouetted on a mountain peak holding a flashlight.

With that drum roll of an introduction, the time has come to reveal myself. It deserved nothing less because almost all of you never see me or hear my gentle whispers.

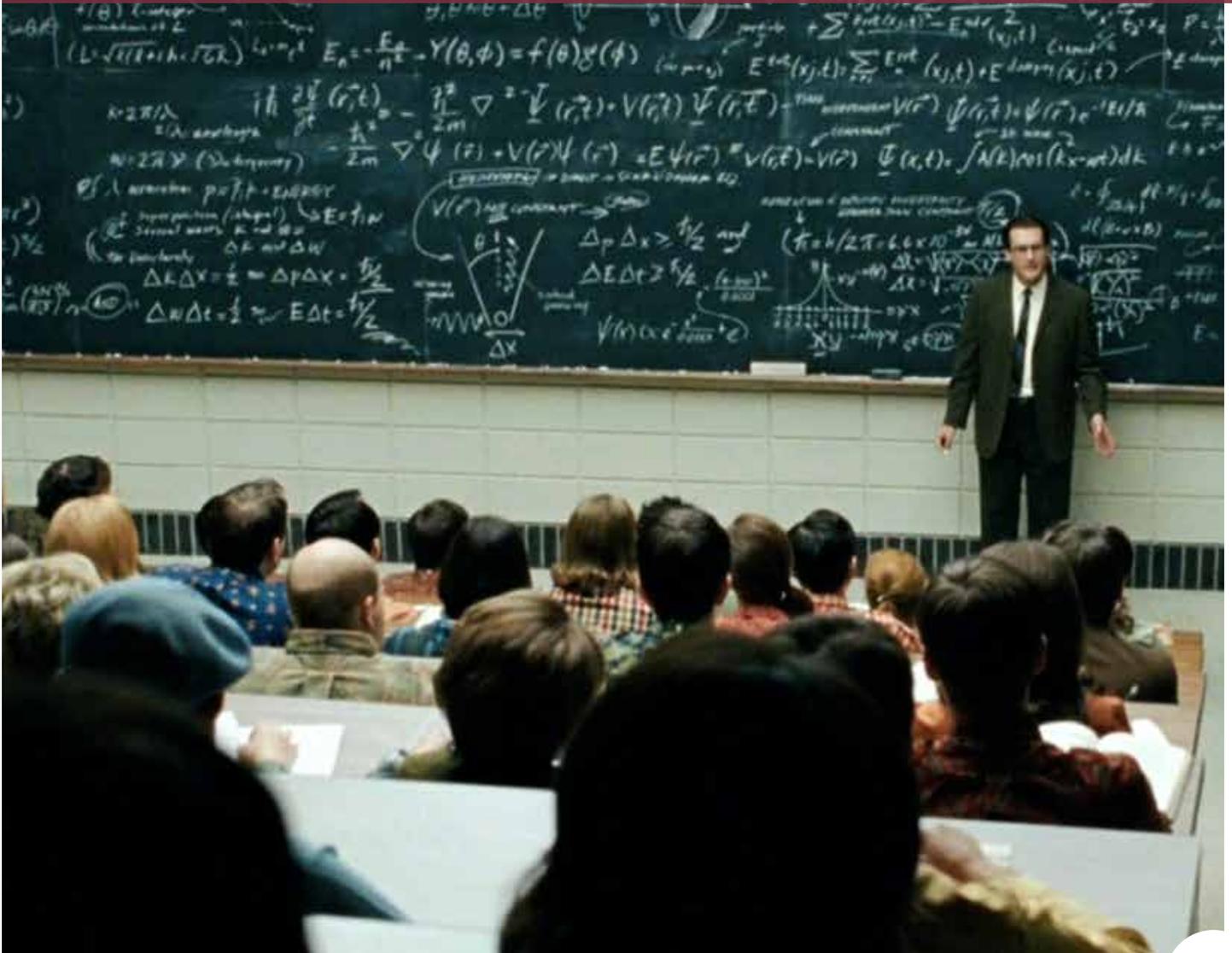
I am the Invisible Life Force. I animate all creation, including the planet. Some of you call me the **“Cosmic Energy”** or **“Supreme Intelligence”**, others know me as **“Prana”**, **“God’s breath”** or **“Breath of the Compassionate”**. Some deny me, but their denial changes nothing.

“You have to realise that Nature is also a manifestation of God. Hence, Nature should not be ignored. Nature is the effect and God is the cause. Thus, you should recognize the omnipresence of the Divine in the entire cosmos.”



Scientists seek me in the world through what they call Quantum Field Theory – to them I am prevalent in each state of physical reality. Scientists of the soul, on the other hand, seek me within, in the God principle. Both will discover me to the extent of their enquiry.

“The scientist is one who enquires into the nature of creation. The saint is one who seeks to know the Creator.”

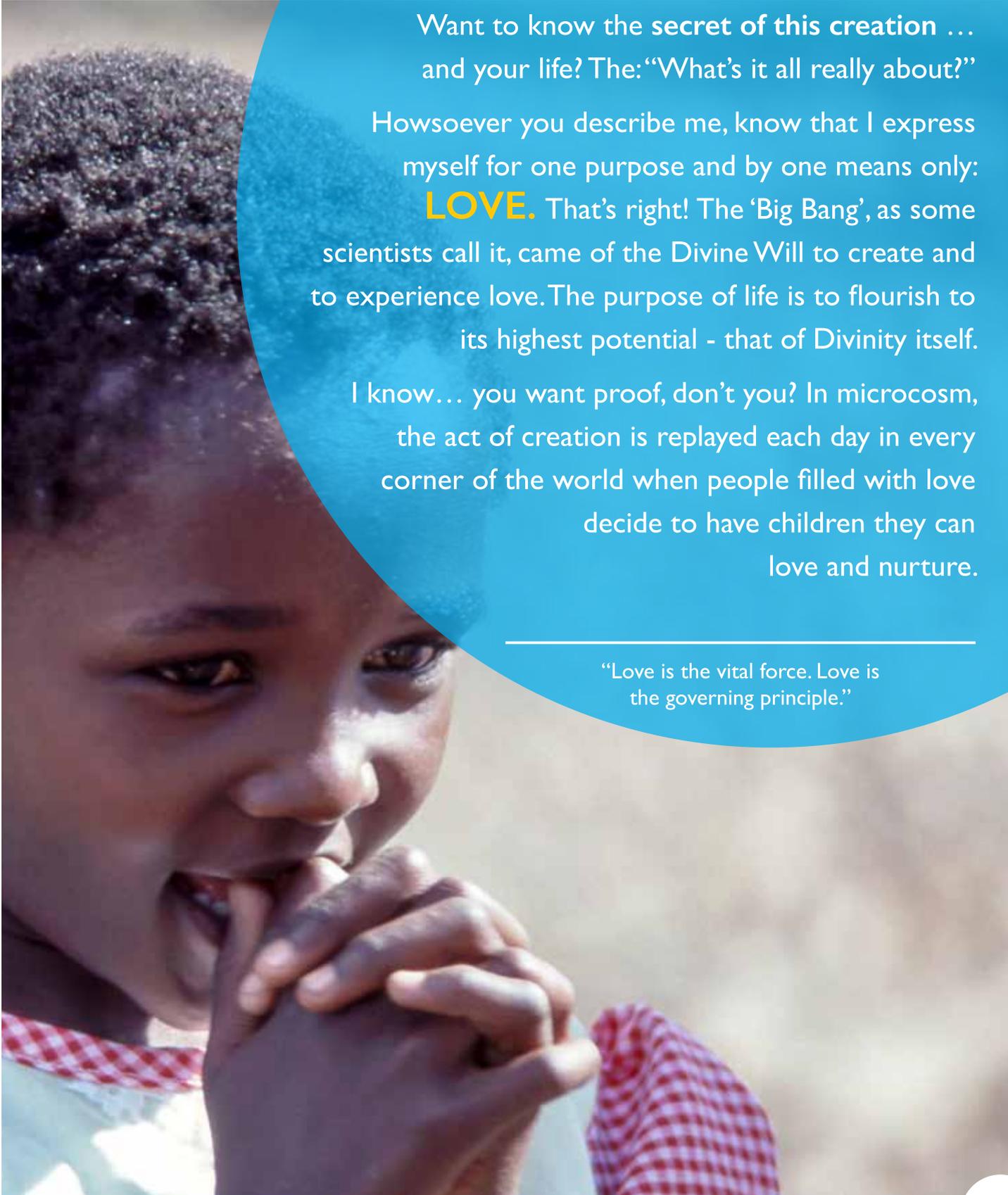




Everything is made of the 5 elements – they just take different forms and shapes. Science realises that everything is connected in this universe of energy. Although the multiplicity in creation was Willed and I sustain it, there is unity in diversity

In silent contemplation, you can experience the harmony in all creation.

“The five elements – ether, air, fire, water and earth – are the vesture of God, as well as of man. Use them moderately and with wisdom, with fear and humility.”



Want to know the secret of this creation ...
and your life? The: “What’s it all really about?”

Howsoever you describe me, know that I express
myself for one purpose and by one means only:
LOVE. That’s right! The ‘Big Bang’, as some
scientists call it, came of the Divine Will to create and
to experience love. The purpose of life is to flourish to
its highest potential - that of Divinity itself.

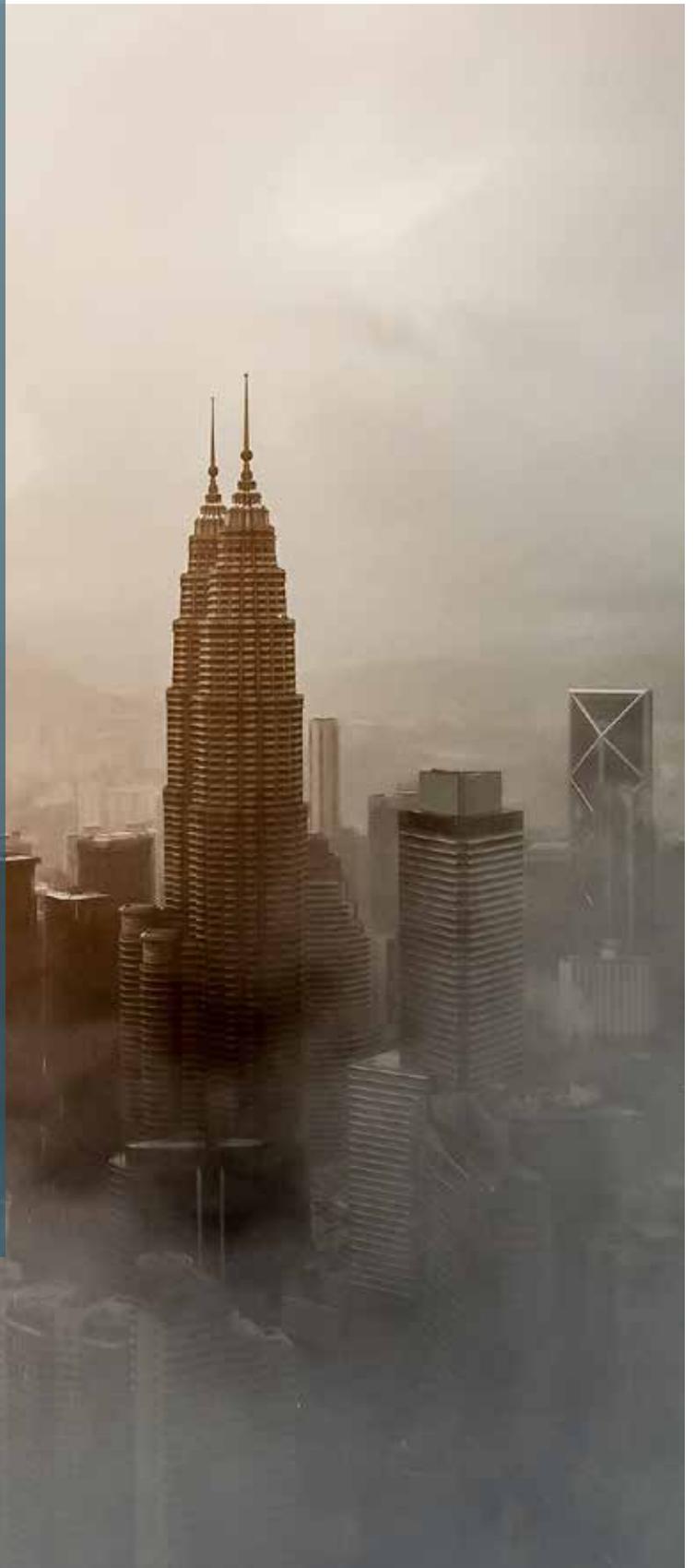
I know... you want proof, don’t you? In microcosm,
the act of creation is replayed each day in every
corner of the world when people filled with love
decide to have children they can
love and nurture.

“Love is the vital force. Love is
the governing principle.”

Every living being is a visitor on this planet and all are stewards of its abundance. The planet does not belong to her visitors.

But the planet I animate is now being choked! The effects of global climate change are clear: glaciers have shrunk, global temperatures continue to rise, plant and animal ranges have shifted, etc. Toxic pollution of land, water, air and the environment is making the earth unsuitable for life.

“All the five elements have been severely contaminated consequent to man’s unbecoming behaviour. If man behaves properly, is pollution of the elements conceivable?”





Man's choices were supposed to bring out the best in him. Unfortunately, some have caused great damage to the planet. Their excessiveness has polluted the 5 elements and created an imbalance.

They call their innovations progress but they triggered a downward spiral of competition, greed, jealousy, anger, fear, etc. They wreaked despair on the world as the planet reacted harshly with earthquakes, floods, etc.

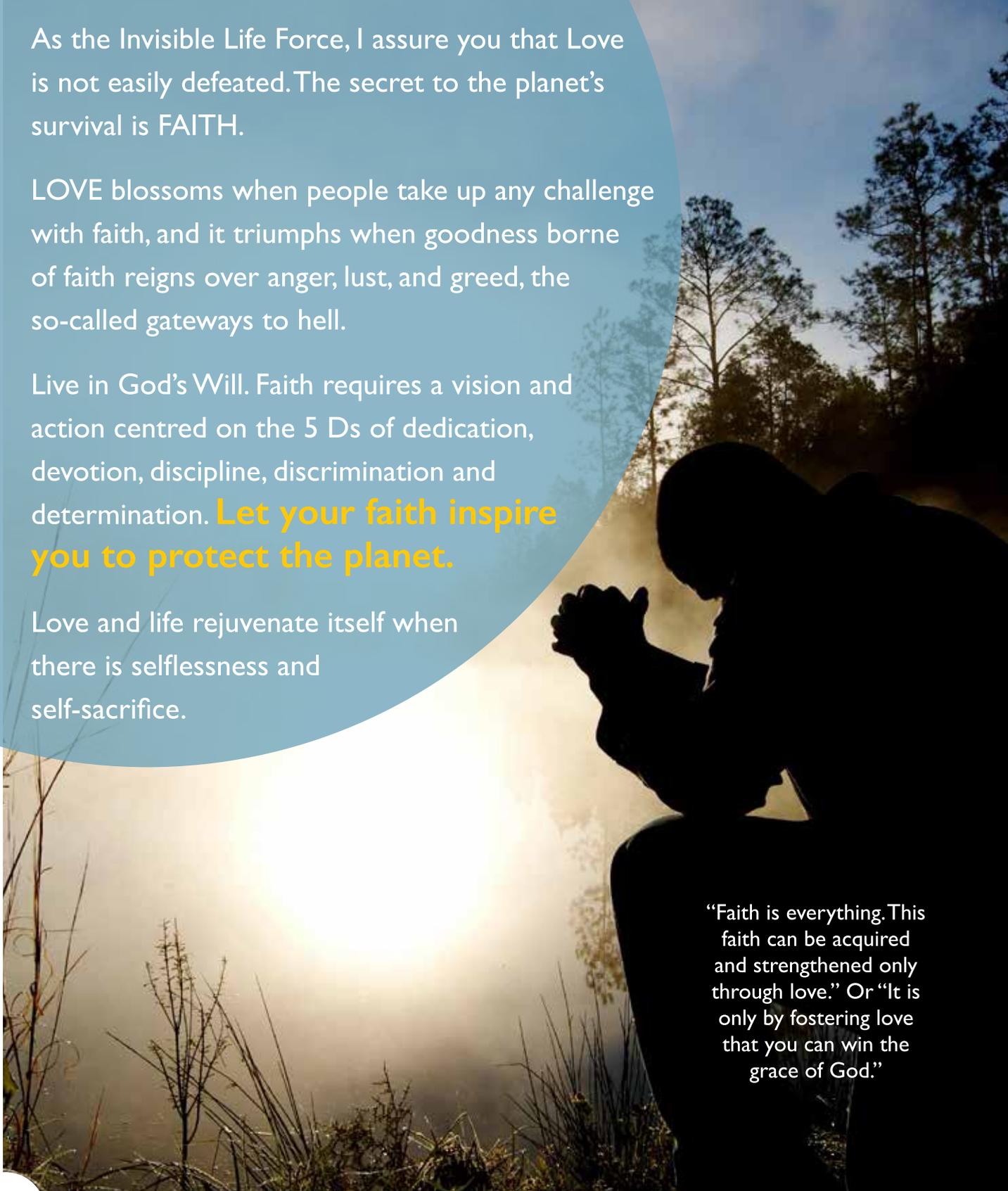
“Today, the world is losing its ecological balance as man, out of utter selfishness, is robbing Mother Earth of her resources ... As a result, we find earthquakes, floods and such other devastating natural calamities.”

As the Invisible Life Force, I assure you that Love is not easily defeated. The secret to the planet's survival is FAITH.

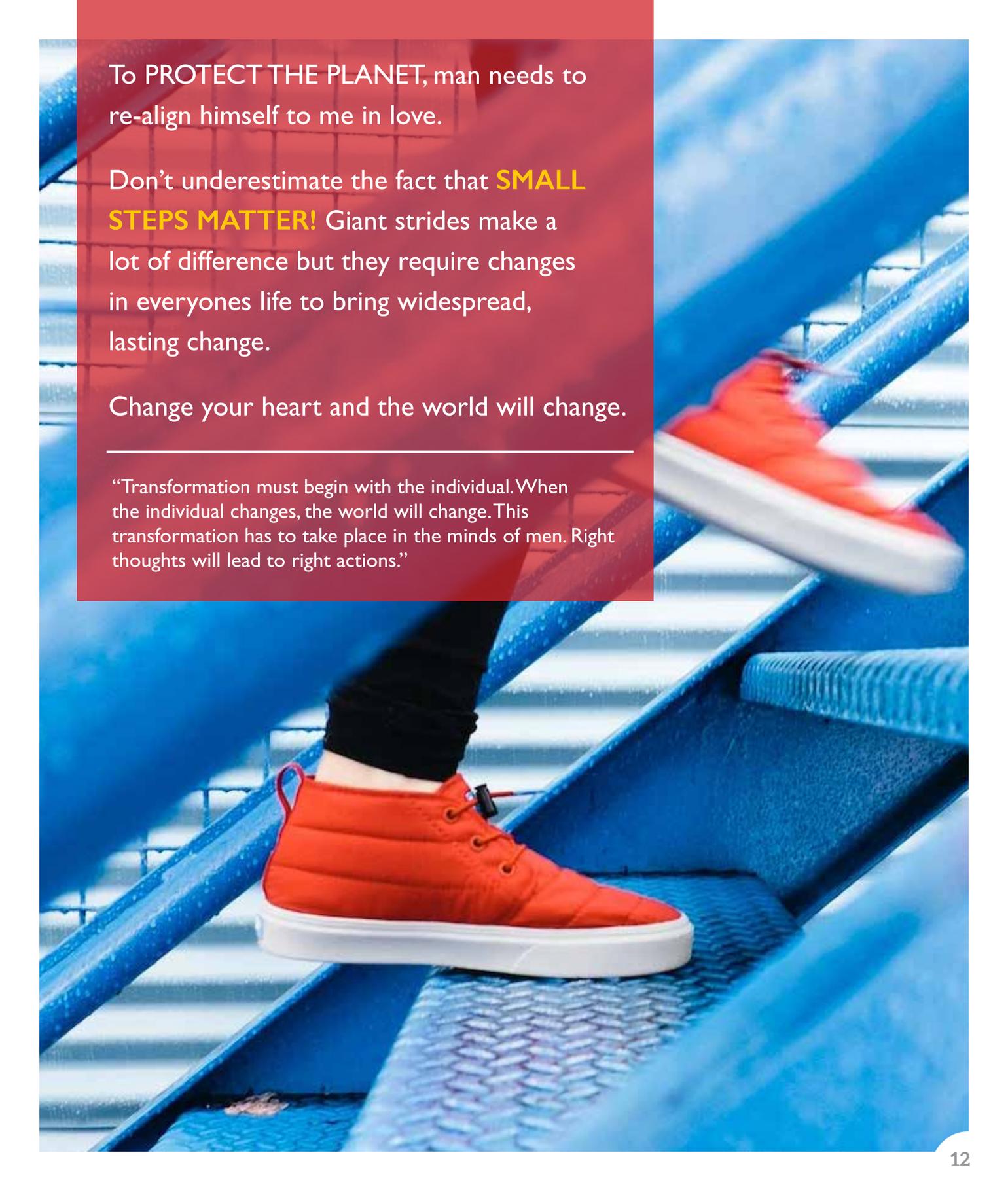
LOVE blossoms when people take up any challenge with faith, and it triumphs when goodness borne of faith reigns over anger, lust, and greed, the so-called gateways to hell.

Live in God's Will. Faith requires a vision and action centred on the 5 Ds of dedication, devotion, discipline, discrimination and determination. **Let your faith inspire you to protect the planet.**

Love and life rejuvenate itself when there is selflessness and self-sacrifice.



“Faith is everything. This faith can be acquired and strengthened only through love.” Or “It is only by fostering love that you can win the grace of God.”



To PROTECT THE PLANET, man needs to re-align himself to me in love.

Don't underestimate the fact that **SMALL STEPS MATTER!** Giant strides make a lot of difference but they require changes in everyone's life to bring widespread, lasting change.

Change your heart and the world will change.

“Transformation must begin with the individual. When the individual changes, the world will change. This transformation has to take place in the minds of men. Right thoughts will lead to right actions.”



Practice a Ceiling on Desires: save your time, money, energy and food.

Consume less water, plastics, paper, etc., and reduce food and energy waste. Share what you no longer use, use less electricity, plant trees and teach your children green habits - reduce, reuse, recycle and recover.

Use your time and money to serve others and to serve the planet.

“When man tampers with Nature recklessly, it reacts adversely and trouble arises. In order to protect Nature, man has to practice Ceiling on Desires.”



Practice the 5 UNIVERSAL HUMAN and the sub-values. They are latent in every sacred heart.

TRUTH includes discrimination: Live simply, use less commercial wrapping and less chemicals at home, walk or take the bus, and learn to switch off. Cease animal agriculture.

LOVE includes selflessness and caring: Provide the poor and the animals a fair share of the world's resources so they can at least live.

PEACE includes self-discipline and self-respect: Don't rush to buy things you desire but don't need, conserve and say "No". Your self-worth comes not from what you possess but from knowing who you are.

RIGHT CONDUCT includes honesty and determination: Persist to transform bad habits and live responsibly.

NON-VIOLENCE includes not harming others, and not killing animals for food. Respect Nature, the Animal and Plant Kingdoms. They are all part of God's creation.

"Man can achieve (balance of the 5 elements in Nature) only by practising Human Values."



It will make a huge difference if people raise their consciousness and live as humans. Remember that every action has a reflection, reaction, and resound, and that your love for creation begets only love in return. It will confer you peace and lasting happiness. With higher thinking, be a custodian of the planet's abundance and protect the planet for future generations.

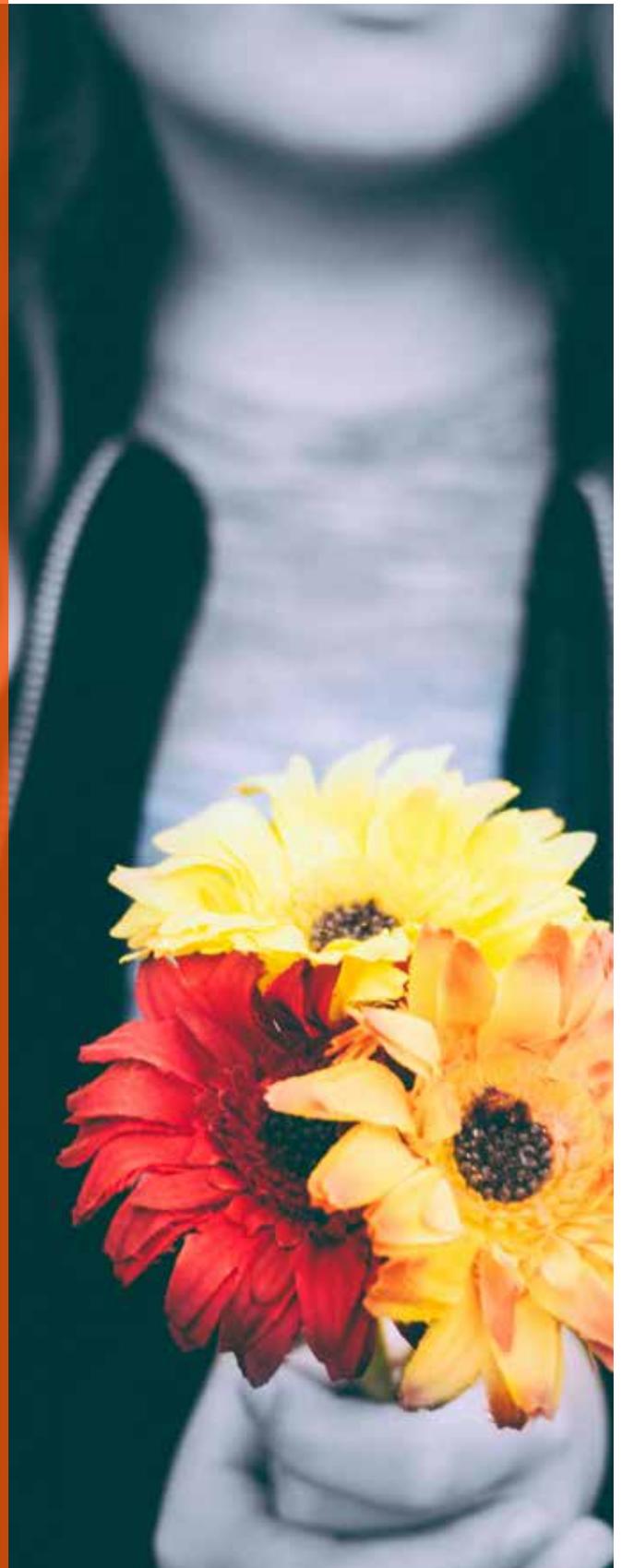
I close with a revelation:

The source of my power to animate is the Supreme, Eternal, and Universal God principle that is the cause of and permeates all creation. Know this Truth in your interaction with the planet.

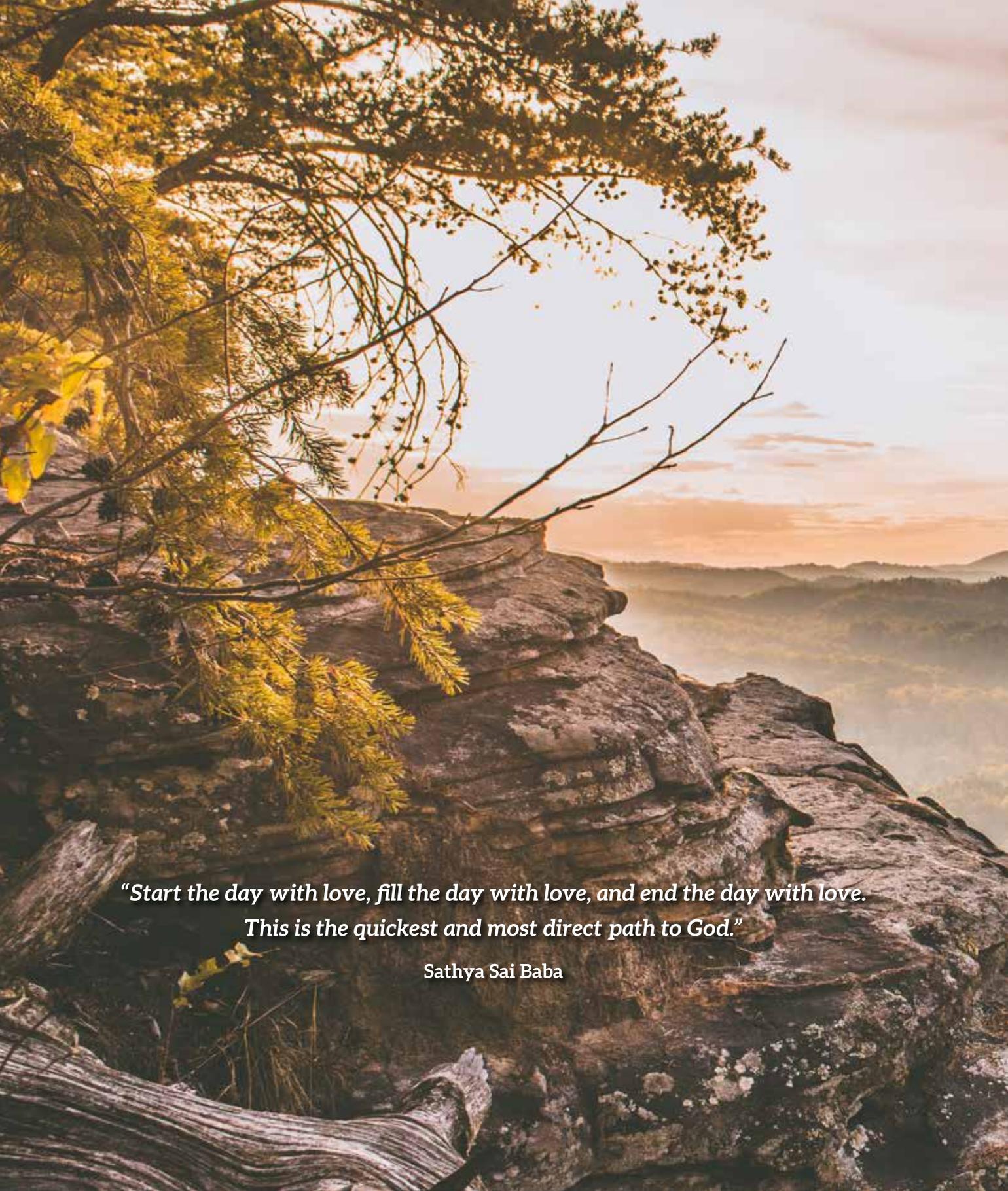
Live in Love!

THE INVISIBLE LIFE FORCE

“Human life will find fulfilment only when ecological balance is maintained.”







*“Start the day with love, fill the day with love, and end the day with love.
This is the quickest and most direct path to God.”*

Sathya Sai Baba