



SSSIO-USA National SSE Enrichment
Hands On, Heart In
SSE Group 2 Breakout Room #
July 10, 2021

Materials List



Stationery Items

Pencil

Pen

Markers/Color pencil

Permanent marker

Cello tape

Scissors

Ruler

Elmer glue

Other Items

Plain Paper/ construction paper

Paper bag/Paper plates/paper cups

Pipe cleaners - few

Popsicle sticks – few

Sand/rice/grains

Small jar

Socks

Sticks or spaghetti sticks

Stones of various sizes

Stuffed toy

Tooth picks

Yarn

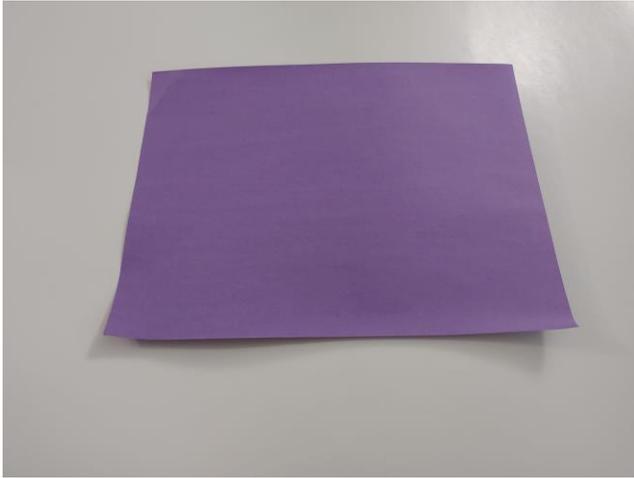
Scenario - Quote



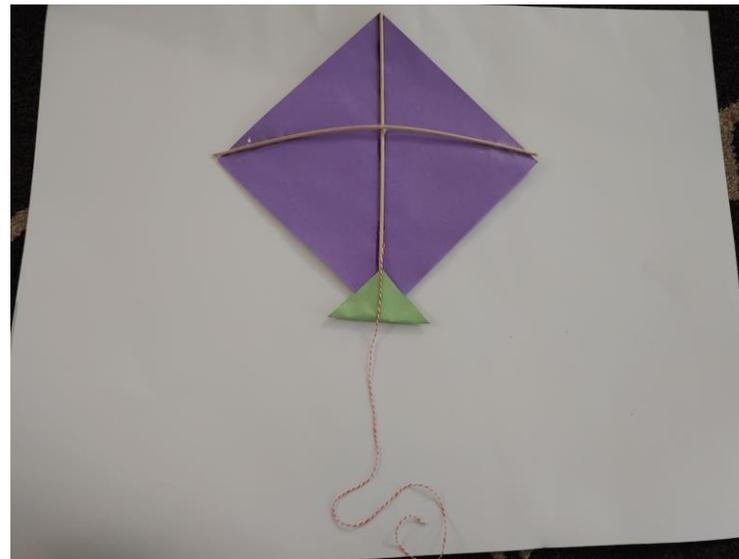
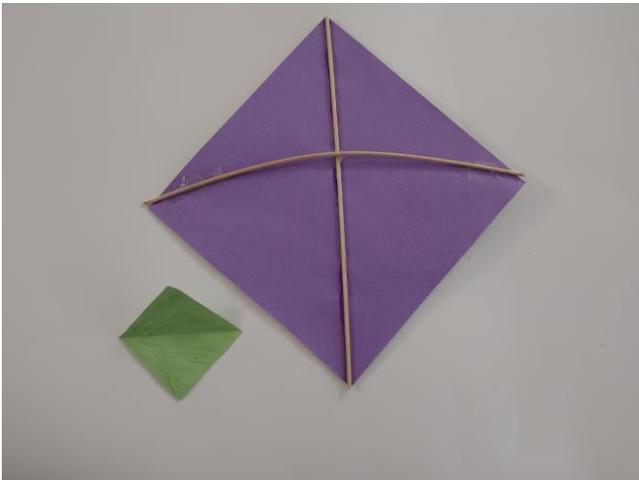
“Why Fear when I am here” – Sri Sathya Sai Baba



Sample Activity - Kite



- Value - Love
- Sub -Value – Self-confidence



Scenario - Song



“Don’t worry be Happy Baba Loves us all”

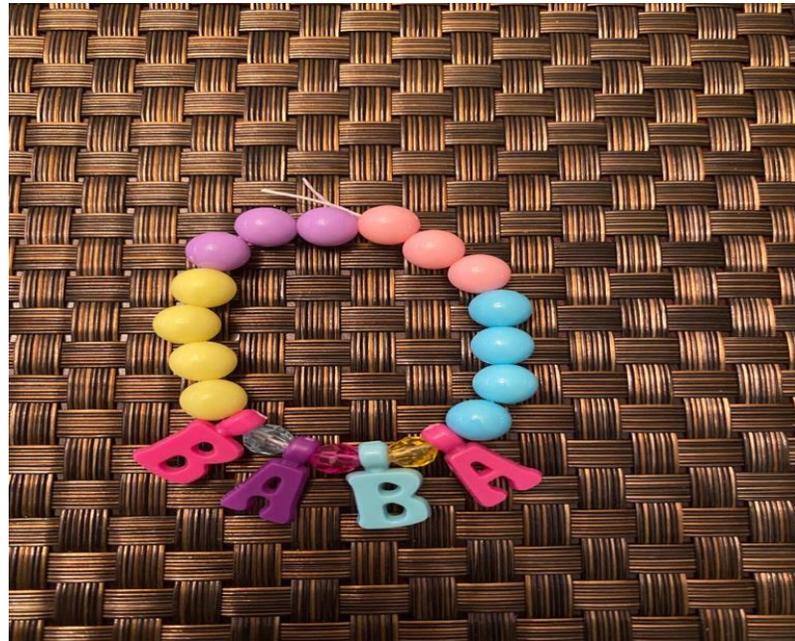
*“Don’t worry be Happy Baba Loves us all
Don’t Worry, Be Happy For Baba Loves Us So
Illusions Are Many But Underneath Them All
There Is One Reality That You And I Are One
That God Is Love And Love Is God And God And Man Are One”*



Sample Activity - Bracelet



- Value - Peace
- Sub-Value - Faith



Scenario – Story



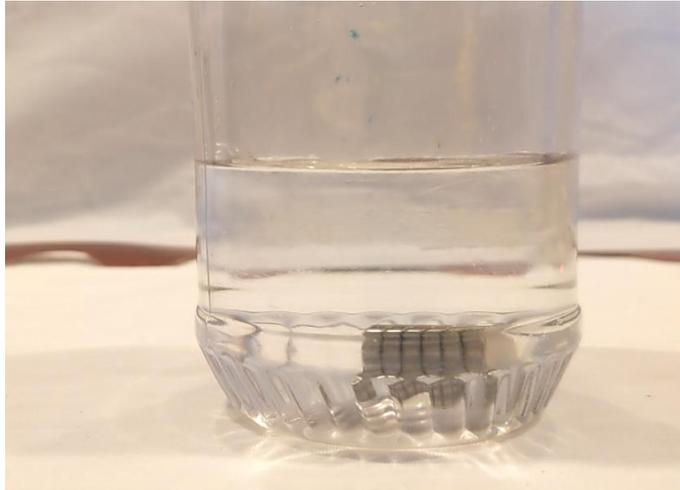
“Margie the Monkey”

It is a tale about the monkey and the pot. Swami says that in the olden days they used to have a container with a narrow neck and this jug would be filled with peanuts to catch monkeys in the forests.

Are you wondering how this helped them catch the monkeys? Well, the monkey would put its hand inside and clasp the nuts. But while it was able to insert the hand in, it cannot remove it out of the pot the moment it clasps these nuts as the neck of the vessel is narrow. So, the monkey would get stuck as it would not want to let go the peanuts giving an opportunity to the people to be caught.



Sample Activity



- Value – Truth
- Sub -Value - Discrimination



Scenario – Life Application



“I am going to manage/prioritize my time wisely”



Sample Activity



- Value - Right Action
- Sub-Value - Determination



Activity



Component of
lesson plan



Identify the spiritual
principal

Time permitting,
Identify other
components while
creating activity

Create an activity
based on the
component/spiritual
principle

Write down an
Affirmation

How to Keep Age in Mind for Activity?



SSE 1



Doing

SSE 2



+ Thinking

SSE 3



+ Planning

SSE 4



+ Integrating

Breakout Room Discussions



*In your breakout rooms please discuss what activity you came up with and **Don't forget** to take a picture of your activity as a group*

Reflection and Commitment



Please note down your takeaway from this exercise

*Please feel free to submit any activities (up to 3)
using the Google Form link below:*

<http://tinyurl.com/SSE-Activities>



Don't forget to take a picture of your activity as a group

**Let us go back to “ SSE Group 2- Dharma” room for discussion and debrief
After debrief go to “PREMA” room**



***COPYRIGHT© SRI SATHYA SAI INTERNATIONAL ORGANIZATION-USA
ALL RIGHTS RESERVED***