

SATHYA SAI INTERNATIONAL ORGANIZATION-USA



SAI SPIRITUAL EDUCATION- NATIONAL REFRESHER AND ENRICHMENT

July 26 2020

Ready, Sai, Go!

SSE Group 1- Workbook

“When you learn to ride a bicycle, you do not get the skill of keeping the balance immediately. You push the cycle along to an open maidan and hop and skip, leaning now to one side and now to the other and even fall with the cycle upon you on many an attempt, before you are able to ride with skill and never again to worry about the balance. Automatically, you are able to make the necessary adjustments to correct the balance, is it not? After getting this skill, you can ride through the narrow streets and lanes, and you do not need an open road. You can negotiate your vehicle through the most crowded thoroughfares. So, too, practice will equip you with a concentration that will sustain you in the densest of surroundings and the most difficult situations.” Sathya Sai Baba [February 23, 1958]

KAHOOT

**Note: Kindly join online with <https://kahoot.it/> on your Cellphone
Pin will be provided during workshop**

TOPIC INTRODUCTION

Slide #1 Welcome and Introduction

Key learnings

Slide #1 Activity Track – Ready, Sai, Go - Internalization, shift from abstract to tangible

Key learnings

Slide # 4 -Workshop objective- Expanded view

Key learnings

Slide #5 Swamy's Quote on Practice in connection with Activity

Key learnings

Slide #6 How? - Things to ponder around an activity - Holistic or Broader perspective

Key learnings

Slide #7 How ? - Things to ponder around an activity - Detailed or tactical perspectives

Key learnings

Slide #8 - Steps involved in planning an activity and expected outcome

Key learnings

Slide # 9 Where and When ? - Next steps - Ready , Sai, Go

Key learnings

Groupwide Discussions	15 mins – Sathya/Dharma/Shanti/Ahimsa
Activity Exercise	30 mins – Breakout rooms
Sharing and Reflection	20 mins – Sathya/Dharma/Shanti/Ahimsa
Conclusion	10 mins – Prema

BREAKOUT SESSION - Each room will have an introduction session where teachers will learn the age developments and how to address while creating activities. Attendees should be mindful of time when sharing 2 min per group

1. Please build an activity based on what you see in the picture.
2. Relate your activity to any values and principles.
3. Think outside the box and let your imaginations fly.

**Discussion Group activity: hands on experience in creating an activity with provided tool.
Objective: learn to think out of the box, analyze and assess the activity.**

WRAP-UP

Guest speaker (highlights)

REVIEW

- A) Something new I learnt from the workshop
- B) Concepts that were reinforced and deepened.

COMMIT TO PRACTICE

After review and reflection, commit to bring one new concept/best practice that you learned into regular practice. This is a personal commitment you are making to Swami.