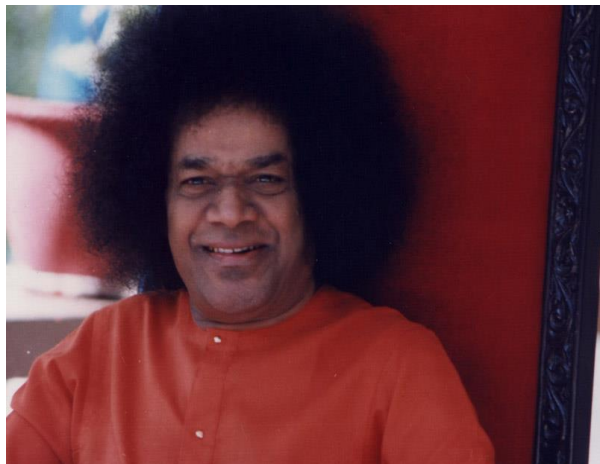




"Reading is not completion of the journey. It is only the first step. Read for the sake of practising; not for reading's sake."

Sri Sathya Sai Baba on May 18, 1968



ABOUT THE DISCOURSE #4 (part 3) Bhagawan Baba delivered a discourse, March 7th 1986 on the occasion of inaugural function of workshop for teachers and field workers involved in the program of Education in Human Values. Text and audio link- <https://saispeaks.sathyasai.org/discourse/mantra-round-your-wrist>

The teacher must elevate himself by dedication

When Kalidasa was at the court, Emperor Bhoja pitted one famous scholar against another equally famous opponent. When he found that no one

failed before the arguments of the other, he invited one pupil each from those taught by the scholars and encouraged them to engage themselves in debate to discover which master-teacher was superior judging from the performance of the students. But they too failed to overcome each other. The thousands who witnessed the end-products of the teaching by the masters acclaimed their greatness in unanimous appreciation.

A President or Prime Minister rises to that position because of the teachers who fostered him and implanted courage, confidence, and elements of leadership in his formative years. The teacher should not condemn himself as weak nor think of his job as last desperate resort. He must give up lamenting his lot. He must elevate himself and his job by dedication to the five human values.

Message of the wristwatch

Today, everyone wears a wristwatch; the watches are of many varieties--of shape, size and cost; the straps too are of different materials and monetary value. They tell us the time; they also serve as a decoration and an ornament. When they first came into the village of Puttaparthi, they created commotion and wonder. I was then nine years old. I wrote a limerick on the wearers of the strange contraption and on the leather strip round the wrists. Now, the watch has become a part of every wrist. Only, the wearer has not learnt the message of the watch, its potential to arouse the latent divinity in man. The name, WATCH, has five letters! The mantra that leads the sadhaka to God (Siva)---Na-mah-Si-vaa-ya has five syllables. WATCH is as much a panchaakshari (five-lettered) mantra as Namah Sivaaya, and, if meditated upon, is as meaningful and momentous.





SAI SPIRITUAL EDUCATION- USA
SATHYA SAI SPEAKS
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January 2022

QUESTIONS TO CONSIDER

1. Swami says, " He (teacher) must elevate himself and his job by dedication to the five human values." Reflect on what it means to you, and how you can elevate yourself as an SSE teacher?
2. What does wristwatch remind you, and how does it help you to awaken the latent divinity?



LIFE APPLICATION (Choose all, any or develop your own LA)

- Remember to chant any mantra or prayer whenever you touch your Watch/Clock

CREATIVITY CHALLENGE

- Write down your own version for numbers 1 through 12 on the Watch (Ex: #1: Swami, #5: 5 Human Values).



We would love to hear your study circle experiences or any interesting questions/ insights that you would like to share. Please email us your sharing @ saispiritualeducation@sathyasai.us

