



ABOUT THE DISCOURSE #5 (part 5): Divine discourse delivered on, June 14, 1983 on the occasion of teachers' training in Prasanthi Nilayam.

Text link: <https://saispeaks.sathyasai.org/discourse/guidance-gurus>

Gurus must be living examples of love and light

Gurus imbued with divine love and understanding are urgently needed in every country. They are invaluable assets in every place at any time, for they have such strong faith in their mission and their ideals that they can never compromise or collude. We have this Camp in order to train such Gurus all over the world. Gurus must stand forth as living examples of love and light. They have to cleanse their minds of evil, the worst of them being "talking ill of others." This can be accomplished only through the cultivation of selfless Love.

Constant recitation or remembrance of one mantra (sacred formula) is believed by many to be a method useful for cleansing the mind. But the same mantra cannot serve the purpose for all. Can one size of bush-shirt fit all men? Those who identify themselves with the body-mind complex need an embodied God, an idol, image or picture, and a five-letter or eight-letter Name to fix on. "Dhasoham" (I am your servant) will be such a person's spiritual attitude. So, the mantra will purify and strengthen him. It will destroy egoist feelings. The constant thought of dependence will destroy pride of power or scholarship or authority over fellow-men, or riches and treasure. Nowadays, ninety-nine out of hundred persons suffer from egotism, and they need the curative mantra "Dhasoham."



SAI SPIRITUAL EDUCATION- USA
SATHYA SAI SPEAKS
A NATIONAL STUDY CIRCLE INITIATIVE FOR SSE TEACHERS
September 2023



Image by pchvector on freepik

Questions to consider

1. As an SSE teacher, how do you strengthen your faith in Swami's mission (Balvikas)?
2. Please share practical techniques how SSE Gurus can be an example of Selfless Love
3. What are the practical tips to avoid "talking ill of others"?

Suggested Life Application(s)

- Practice chanting a mantra of your choice (the mantra "Dhasoham" or any other mantra) with an intent to surrender to Lord and ward off ill thoughts.



We would love to hear your study circle experiences or any interesting questions/ insights that you would like to share. Please email us your sharing @ saispiritualeducation@sathyasai.us

