



"Reading is not completion of the journey. It is only the first step. Read for the sake of practising; not for reading's sake."

Sri Sathya Sai Baba on May 18, 1968



ABOUT THE DISCOURSE- #3

On 31st December 1984, Balavikas Gurus were invited to the Mandir for a special session. In an exclusive discourse for teachers who were present and those who would embark on this sacred journey, Swami talked about "Be human; become human." For the next few months, we will read, reflect and assimilate these precious words of wisdom.



"Dharma Is Love In Action

The fundamental human values all emanate from Dharma, based on Truth. If human behavior has no such basis, it leads to disaster. Man has dehumanized himself systematically by neglect of the basic Unity. From slings to arrows, from cannon balls to bombs, from fusion to fission, man has progressed in the art of killing and entered the Darkest Age of history. The greed for wealth and power has overwhelmed the creed of compassion. The law of self-aggrandizement reigns; the law of self-abnegation has receded. When the son is acclaimed as a good fellow, the father congratulates himself; when he is ostracized as a bad fellow, the father condemns others for leading him astray!

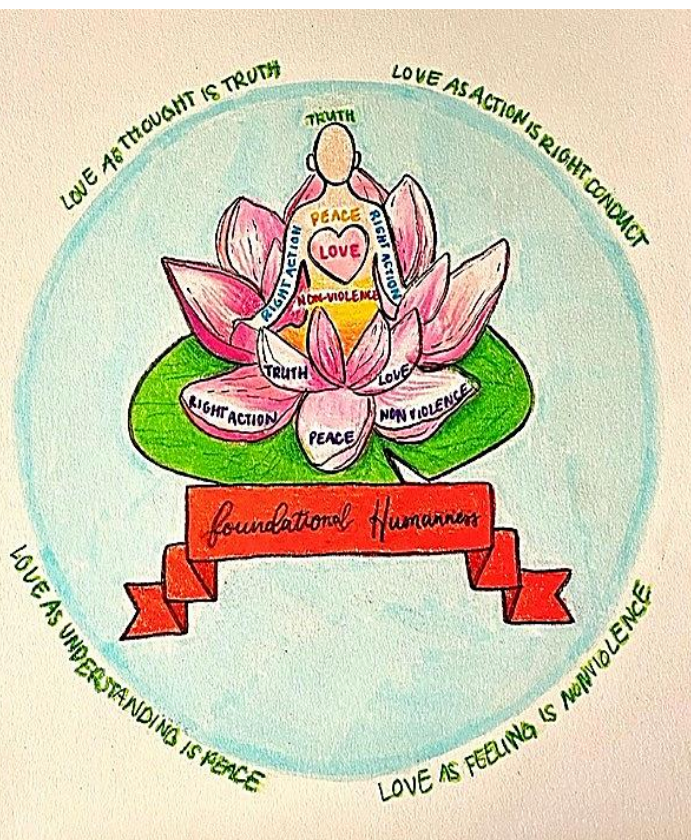
A person who is unable to cope with the demands of worldly competition is labelled as a fool, an A-jnani, one without jnana (knowledge). But he can well be an A-jnani, in **Akshara** (not letters of the alphabet, but the imperishable) that which is not kshara. Jnani (a liberated person) is a person who has mastered the knowledge of the indestructible Cosmic Core and so, he is established in the highest peace. A-jnani is one who is not aware of this imperishable principle. The Sath alone exists; the Chith is its effulgence; Anandha (divine bliss) is the consequence. The enumeration of human values as five - Truth, Righteousness, Peace, Love and Non-violence- - is not correct. They are all facets of the foundational humanness. They grow together; they are inter-dependent; they are not separable. Dharma is Love in Action; Love thrives on inner peace, on the absence of inner conflicts. How can one have Peace when he revels in violence of speech and action?



"You are entering upon the sacred task of guiding and training teachers who will inculcate human values in the hearts of the children. Do not treat 'Human Values' as a separate curricular assignment. Then, it will become dry and uninspiring. It must transform the way of life and should not stop with imparting information. It must be imparted more through example and practice rather than by books and formal teaching."

DISCUSSION QUESTIONS

1. Swami says, "The fundamental human values all emanate from Dharma, based on Truth. If human behavior has no such basis, it leads to disaster." How do we practice Dharma based on Truth and Dharma as Love in Action?
2. What are the practical tips for SSE Gurus to set the right example to cope with the demands of worldly competition and live in the awareness of the imperishable principle "knowledge of the indestructible Cosmic Core"?
3. "Do not treat 'Human Values' as a separate curricular assignment". What are the practical tips to integrate Human Values in our daily life and make the SSE class inspiring and transformational?



- H**-Human Values all emanate from Dharma based on Truth
- U**- Unity is truly seeking Divinity in all
- M**-Move from the darkness of not knowing the imperishable Sath
- A**- Ananda is the consequence of Sath and Chith
- N**- No value is separate but need to flourish depending on one another

- A**-All the world that we perceive around
- K**- Kith and kin, known and unknown to all that we are bound
- S**-Significant in the journey we have to undertake
- H**-Humanly we do the Dharma every step knowing it is to make us awake
- A**-All the bliss we are bestowed upon us when we connect to the Cosmic core
- R**-Real and illusion, here, there and before
- A**- Atma, You are the true me, the identity I am seeking to explore

LIFE APPLICATION

Swami says all five human values "are all facets of the foundational humanness. They grow together." To have a deeper understanding of this, let's start with any one of the values and see how it is linked to the other four. Do this exercise for all five values – one at a time.



We would love to hear from about your study circle experiences, any interesting questions/ insights that you would like to share, please send an email to saispiritualeducation@sathyasai.us

