



SATHYA SAI ORGANIZATION OF USA, REGION-4, ST. LOUIS

FREE HEALTH CHECK & HEALTH EDUCATION



EVERYONE IS WELCOME !

WHEN?

SATURDAY, OCTOBER 12, 2019

SERVICES: 9.00 am - 1.00 pm

[Registration: 8.30AM-12Noon]

WHERE?

HOLY TRINITY CHURCH-PARISH CENTER

3400 ST. GREGORY LANE,

ST. ANN, MO 63074

(314-733-1463)

GIVE AWAY:

**BOXED LUNCHES, CHILDREN'S CAR SEATS & BICYCLE HELMETS,
READING GLASSES, GOODY BAGS, SPORTS BALLS.**

SERVICES:

• **FREE "FLU" SHOTS BY WALGREENS**

- ♦ HT, WT & BODY MASS INDEX
- ♦ BLOOD PRESSURE CHECK
- ♦ ASTHMA CHECK
- ♦ BONE SCAN FOR OSTEOPOROSIS
- ♦ BLOOD TESTS
- ♦ (GLUCOSE, T. CHOLESTEROL, HDL, HBA1C)
- ♦ DOCTORS' CONSULT
- ♦ CHILDREN'S HEALTH
(BRING IMMUNIZATION CARDS)
- ♦ VISION CHECK
- ♦ GLAUCOMA CHECK
- ♦ HEARING TEST
- ♦ DENTAL CHECK
- ♦ BEHAVIORAL HEALTH
- ♦ ACTIVITIES & EXERCISES FOR FALL
PREVENTION & POSTURAL
CORRECTION
- ♦ FITNESS & EXERCISE
- ♦ NUTRITION & DIET
- ♦ MAMMOGRAM REGISTRATION
- ♦ PLANETARY HEALTH ON HUMAN
HEALTH
- ♦ RELAXATION TRAINING
- ♦ HOUSEHOLD PET CARE

& MANY MORE

SUPPORTED BY



SLU CANCER CENTER

MARYVILLE UNIVERSITY

