



# Sathya Sai International Organization (SSIO) – USA

## Appendix B: Homemade Face Mask Models and Resources

Listed in order with simplest design first:

1. \*Unity Point – **Easy Semi Shaped Mask with Filter Pocket** Created by Medical Professionals  
<https://www.unitypoint.org/cedarrapids/sewing-surgical-masks.aspx>
2. **By a Nurse -Basic Semi Shaped Mask with Ties** <https://www.instructables.com/id/AB-Mask-for-a-Nurse-by-a-Nurse/>
3. Deaconess Hospital – **Basic Flat Elastic Mask** from the “Turban Project”. (Pattern, Instructions, Video)  
<https://www.deaconess.com/How-to-make-a-Face-Mask>
4. St. Luke’s Hospital – Basic Flat Mask with a Very Easy Top Insertion Pocket for a Filter & Adjustable Nose Wire with clear written instructions and step by step video.  
<https://www.stlukes-stl.com/development/documents/homemade-mask-specs-directions.pdf>  
<https://www.youtube.com/watch?v=BCJcE-r7kcg>
5. St. Elizabeth Hospital - **Basic Flat Tie Mask** from the “Turban Project”, (Pattern, Instructions, Video)  
<https://www.steliz.org/Files/Documents/Adult-Face-Mask-Sewing-Instructions-Flyer.pdf>  
<https://www.youtube.com/watch?v=ueWkAuY3k6Y&feature=youtu.be>
6. Providence St. Joseph Health – **Flat Mask Non-Woven Fabric** (Very Clear Instructions)  
<https://psjh.blob.core.windows.net/covid/Instructions%20Community%20Mask.pdf>
7. Phoebe Health - **Shaped Mask Cover Water Repellant Fabric** or OR Linens or Tightly Woven Cotton. (Prep Sheet with Instructions, Visuals) <https://www.phoebehealth.com/patients-and-visitors/coronavirus/mask-production>
8. Craft Passion – **Shaped Mask with Folded Edge Pocket to Hold in a Filter & Pattern Sizes**  
<https://www.craftpassion.com/face-mask-sewing-pattern/>
9. \*Memorial Hospital – **Shaped Mask with Slit for Inserting Filter, Machine & Serger** (Instructions with visuals, video & professionally drafted pattern) Advanced Sewing [http://frontlinemasks.com/instructions/FrontlineMasks-Spec-V2\\_4-Print.pdf](http://frontlinemasks.com/instructions/FrontlineMasks-Spec-V2_4-Print.pdf) <https://www.frontlinemasks.com>
10. Providence - **Mask Manufacturer with Hospital Input** (Pattern, Video and Resources) <https://www.providence.org/lp/100m-masksthe-medical-mask-is-not-enough/>
11. *Testex Textiles* - **3 Layer Mask Non-Woven** <https://www.testextextile.com/antiviral-mask-diy-what-if->

**Nonwoven Fabrics** used for manufacturing mask: Polypropylene, non-woven polyester, Sun Melt, Sun Bond