Appendix D: Personal Protective Equipment (PPE) Options

General Guidelines:

- Several hospitals in the country are running short on PPE. Depending upon the severity of the shortage and risk to their clinical staff, many are open to donations of PPE as well as homemade versions
- Please check with your local hospital regarding their policy and needs
- Based upon center resources, the hospital can be given some of the options below for their preference

Purchase Guidelines:

- Centers may purchase supplies and then donate to the hospital. (Should be done per center guidelines)
- Some ideas:
  - Disposable Raincoats: Should have sleeves and hoods
    - [https://www.amazon.com/dp/B08642KVPC/ref=sspa_dk_detail_0?psc=1&pd_rd_i=B08642KVPC&pd_rd_w=B0keF&pf_rd_p=48d372c1-f7e1-4b8b-9d02-4bd86f5158c5&pd_rd_wg=04vI9&pf_rd_r=DKZE3KQXP019V173Z1BD&pd_rd_r=bd2418b0-7d08-462e-872d-b6c4a357f831&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUExMTFVbFlzVktVNgVFJmVuY3J5cHRZElkPUExMjEyMTI5VjEhEV0NRE03JmVuY3J5cHRZEFkSWQ9QTAmQ0ODM3NjYxSU8wTU9PZGdldElhWU9c3BfZGV0YWlsJmFjdGlvbj1jbGlja1JlZGlyZWN0JmRvTm90TG9nQ2xpY2s9dHJ1ZQ==](https://www.amazon.com/dp/B08642KVPC/ref=sspa_dk_detail_0?psc=1&pd_rd_i=B08642KVPC&pd_rd_w=B0keF&pf_rd_p=48d372c1-f7e1-4b8b-9d02-4bd86f5158c5&pd_rd_wg=04vI9&pf_rd_r=DKZE3KQXP019V173Z1BD&pd_rd_r=bd2418b0-7d08-462e-872d-b6c4a357f831&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUExMTFVbFlzVktVNgVFJmVuY3J5cHRZElkPUExMjEyMTI5VjEhEV0NRE03JmVuY3J5cHRZEFkSWQ9QTAmQ0ODM3NjYxSU8wTU9PZGdldElhWU9c3BfZGV0YWlsJmFjdGlvbj1jbGlja1JlZGlyZWN0JmRvTm90TG9nQ2xpY2s9dHJ1ZQ==)

Construction Guidelines: This option requires someone with sewing skills at your center

- Wait for 14 days after full recovery from any recent illness before participation in construction projects
- Please follow the CDC, State, County and Hospital Guidelines regarding personal precautions
- Start with clean hands after washing with soap and water for at least 20 seconds and sanitize machines, tools, stations and work area. Please keep family pets away from work area.
- Collectively infuse positive vibrations throughout the process by chanting prayers and devotional songs

1. Purchase a raincoat such as this one, or a gown: (made of EVA)
2. Secure the material you will use to construct the final product:
   1. Thin plastic is hard to sew and work with
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2. Hospitals may provide surgical sheet or autoclave sheet material; but it is short in supply
3. Suggested Option: Non-woven, Waterproof Bed Table Cover Sheets:
   https://www.ebay.com/itm/100pcs-Massage-Beauty-Waterproof-Disposable-Non-woven-Bed-Table-Cover-Sheets-US/313019715525?hash=item48e16defc5:grwAAQSwN1pefa6C
4. Suggested Option: 100% Waterproof Polyester Shower Curtains
3. Take apart the gown/raincoat into its component pieces.
4. Make pattern pieces from the gown pieces
   1. Cut pattern pieces from the sheets you have purchased
5. Assemble and sew together the final gowns

Connections with Supporting Organizations:
- Some companies are providing hospitals with PPE products. You can connect your local hospital with that company:
- Example: Harbor Freight:
  https://em.harborfreight.com/pub/sf/ResponseForm?_ri_=X0Gzc2X%3DAQpgILhJlYQGpc73GRAzct7zezdhuOezaTIBKjhuO40pzcDglFfhdzcajrICbRunezaHOVXMtX%3DAQpgILhJlYQGpa31ETlomzdKKzcCg4zayiTDBbERMyuSo8jPFH6mhoov6ahMneX3&ei=Ej8jJCeBv80KYogfgh0HCnxRe3ysc66487Fru19qCamhcDZLh2Vn-V-KwYx-yzHmjv&di=21tccgej1m4fis spppe17d7ltb0ad4ls80dq618rcp2lkufj0